



PCI Counselling Service

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Bernadette Flanagan

**B.Sc. (Hons) Counselling and Psychotherapy Student
Counsellor/Therapist in Humanistic and Integrative
Counselling with PCI college and PCI Counselling
Service Limerick**

Volunteer Counsellor at Bedford Row Family Project Limerick. Member of IACP (Irish association of Counselling and Psychotherapy.)

PCI Counselling Service is available at several locations nationwide, Dublin, Kildare, Kilkenny, Cork, Waterford, Galway, and Limerick, @The Urban Co-op, Eastway Business Park, Limerick.

Counselling offers a quiet and calm space in which to explore any difficulties you are experiencing in your life with a therapist who will guide you in a caring and non-judgemental way. Whether you need just a few sessions to deal with an immediate problem or would like to work long-term on a deeper issue. Whatever you are going through we are here to help.

Each session costs €10 to €25 depending on individual circumstances.

PCI Counselling Service is a not-for-profit initiative of PCI college.

To speak confidentially and arrange an appointment call 0818 555 450.

Office opening hours are 10am – 6pm, Monday to Friday. Please leave a message outside these hours and we will return your call promptly.

Website pcicollege.ie/counselling-service/lowcostcounselling
Facebook [@pcicounsellingservice](https://www.facebook.com/@pcicounsellingservice)
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